



“Redeeming Sexuality” Discussion Guide

Sexuality is not necessarily something we step back and think about very often. Yet it is a significant, God-designed part of who we are as human beings. What are some of your most common thoughts and attitudes related to sexuality? Where did they come from?

In this message, Pastor Bryce talked about the way in which Jesus restores our sexuality and redeems it for God’s glory. Just as in Biblical times, our world today has a very broken and distorted view of sexuality. Some despise it. Some treat it as if it is nothing more than a physical, biological urge. Others believe it is

all-important. Join us as we consider what it means to honor God “more and more” in this area of our lives.

Read 1 Thessalonians 4:1-8.

1. If you are saved, God has forgiven you for the penalty of your sins.
 - a. How does your salvation change your life’s purpose?
 - b. How does that change the way in which you see yourself?
 - c. How does it change your sexuality?
 - d. How does it change the way in which you battle sexual sin?

2. What is one way in which the Lord may be calling you to honor Biblically mature manhood?

3. What is one way in which the Lord may be calling you to honor Biblically mature womanhood?

4. How has God been at work in your sexuality?

5. What is one way in which the Lord may be calling you to greater purity in your sexual behavior?

6. What sins related to sexuality are most tempting and prevalent in your life? Who can you talk to about them?

7. Consider Genesis 1:27-28. This passage tells us a lot about God's original design and purpose in our sexuality.
 - a. What do we know about God from this passage?

 - b. What do we know about male, female, and human sexuality?

 - c. How is this passage impacting your own sexual identity today?

8. What have been the most formative experiences--helpful and unhelpful-- in shaping your understanding of sex?

9. What would you still like to study and learn about Biblical sexuality?

10. With whom could you share and discuss Biblical truth about sexuality?

Live It Out

Pray: Talk with the Lord about your sexuality. Share with him in what ways you are grateful, in what ways you are remorseful, in what areas you are confused, and in what areas you long to grow more pure and holy in your sexuality.

Confess: Confess to the Lord areas that you might be ignoring or denying sexual brokenness. Talk to God about the sexual brokenness in our society.

Act: What might you do--daily, weekly, or for example, during this season of the coronavirus, to depend and rely upon the Holy Spirit more as it relates to sexual purity and holiness?