



“Redeeming Our Emotions”

Palm Sunday, April 5, 2020

Scripture: [Luke 19:41-44](#)

Part 4 of 4: *Redeemed*

1. Redeemed Emotions connect us to _____.

- a. God is _____.
Isaiah 55:8-9
- b. Sin _____ our emotions.
Jeremiah 17:5-10
- c. Emotions are redeemed as we _____ in Jesus.
Proverbs 3:5-6, 23:26

2. Redeemed Emotions connect us in _____.

- a. To _____.
- b. To _____.

3. Redeemed Emotions connect us to our _____.

- a. In _____ and _____.
- b. In _____ and the _____.
- c. In _____ for _____.

Digging Deeper: This week is Passion Week. As we approach Easter, read and discuss the following passages and note the emotions--in the text, in the characters, and in yourself as you read:

Monday, Jesus Clears the Temple, Luke 19:45-48

Tuesday, Olivet Discourse, Luke 20:1-21:36

Wednesday, Chief Priests & Judas, Luke 22:1-6

Maundy Thursday, Luke 22:7-62

Good Friday, Luke 22:63-23:56

Saturday, Matthew 27:62-66

Getting Real: Where are your emotions getting in the way of reality? Ask the Spirit to reveal something to you. How is this impacting your relationship to yourself? To others? How does trusting in Jesus' death and resurrection redeem it? What would trusting in Jesus look like in your thoughts, feelings, and actions?

Act: This week take note of a big or strong emotion. Think about it in relation to today's message. Discuss it with someone.

Pray: Read Psalm 91. Pray it with faith, trusting in the Lord!